# SAMEER DESAL

■ sameerdesai6@gmail.com SameerDesail sameerdesail.wordpress.com



· Formulated study protocol and data registry application, obtained ethics

certification and summarized findings

#### **Graduate Research Assistant**

Vancouver General Hospital

**♥** Vancouver, BC

 Assessed the risk of biases using the GRADE framework for a systematic review examining the effect a novel treatment for out-of-hospital cardiac arrest patients

# **EMPLOYMENT EXPERIENCE**

2016 | 2013

#### Site coordinator and Clinical Research Assistant

Children's Hospital

**♥** Vancouver, BC

- Served as a study coordinator for multiple prospective study bases evaluating the impact of surgical and non-surgical interventions for scolinsis
- Involved in patient recruitment, chart review, data entry, ethics, and study protocol developemnt
- · Introduced Clinical Research to undergraduate students

2013 | 2010

### Junior Research Assistant

Children's Hospital

♥ Vancouver, BC

· Patient recruitment and data entry

# ♣☐ TEACHING ASSISTANTSHIPS

2020 | 2017

#### Design and analysis of clinical trials

University of British Columbia

♥ Vancouver, BC

- · Graduate level class
- · Graded couse materials

2020

### **Epidemiologic Methods II**

University of British Columbia

**♀** Vancouver, BC

- · Intermediate level graduate course, covering study design principles, causal inference, confounding, effect measure modification, analysis of biases, and elements of data analyses
- · Assisted in the development of homework and exam questions, and graded course materials.

2020

#### **Introduction to Epidemiology**

University of British Columbia

**♥** Vancouver, BC

- · Introductory level graduate class covering the foundations of epidemiology: description, study design, measures of disease frequency, measures of association, and evaluation of public health programs
- Mentored students, assisted in the development of exam questions and graded course materials. Developed and maintained online course materials. Delivered tutorials in advance of exams.

### Analysis of Longitudinal Data

University of British Columbia

**♥** Vancouver, BC

- · Advanced level graduate class covering statistical concepts and methods of analyzing correlated data
- · Mentored students, helped instructor with lecture materials, graded projects, and final paper. Delivered tutorials on student-chosen topics.

# ■ PEER-REVIEWED PUBLICATIONS

2021 • The Surprise Question and Serious Illness Conversations: A pilot study.

Nusing ethics, 2021. doi:10.1177/0969733020983392

· K Le, J Lee, S Desai, A Ho, H van Heukelom

Clinical characteristics associated with lung function decline in individuals with adult-diagnosed cystic fibrosis: A contemporary analysis of the Canadian CF Registry

CHEST, 2021 (in-press)

· S Desai, S Stanojevic, GY Lam, AL Stepehnson, BS Quon

2020 • Eligibility of CFTR Modulators for the Adult-Diagnosed Cystic Fibrosis Population

Journal of Cystic Fibrosis 19 (5), 840-841, 2020.

· S Desai, GY Lam, J Sykes, A Stephenson, BS Quon

Factors Influencing Clinical Trial Participation for Adult and Pediatric Patients with Cystic Fibrosis

Journal of Cystic Fibrosis, 20 (1), 57-60, 2020.

• M Lee, XY Hu, S Desai, E Kwong, J Fu, E Flores, L Lazosky, PG Wilcox, M McIlwaine, M Chilvers, C Yang, JH Rayment, BS Quon

Minimally Important Difference in the Foot and Ankle Outcome Score Among Patients Undergoing Hallux Valgus Surgery

Foot and Ankle International 40 (6), 694-701, 2019.

· S Desai, A C Peterson, K Wing, A Younger, T Crump, G Liu, A Veljkovic, M Penner, J M Sutherland

A Systematic Review of the Clinical Efficacy and Safety of CFTR Modulators in Cystic Fibrosis

Scientific Reports 9 (1), 7234, 2019.

· AR Habib, M Kajbafzadeh, S Desai, C Yang, K Skolnik, BS Quon

2019 • Impact of surgical wait times on oncologic outcomes in resectable pancreas adenocarcinoma

Hepatico-Biliary, 2019

2019

· E Vasilyeva, J Li, S Desai, SW Chung, CH Scudamore, M Segedi, PKW Kim

The impact of cystic fibrosis-related diabetes on health-related quality of life

Journal of Cystic Fibrosis 18 (5), 734-736, 2019.

· E Kwong, S Desai, L Chong, K Lee, J Zheng, PG Wilcox, BS Quon

Predictors of Reduced Survival for Adult-diagnosed Cystic Fibrosis:
Older Age at Diagnosis, a Substitute for Older Age?

Annals of the American Thoracic Society 16 (5), 644-645, 2019.

· S Desai, H Wong, J Sykes, AL Stephenson, J Singer, BS Quon

Safety and Effectiveness of Lumacaftor-Ivacaftor in Adults with Cystic Fibrosis: A Single-Centre Canadian Experience

Canadian Journal of Respiratory, Critical Care and Sleep Medicine, https://doi.org/10.1080/24745332.2019.1649608, 2019.

· V Sergeev, S Desai, E Flores, J Kerr, V Su, P Wilcox, BS Quon

Using postoperative patient-reported outcomes to predict ankle arthroplasty and arthrodesis revision

Foot and Ankle International 41 (1), 10-16, 2019.

· S Desai, MJ Sutherland, A Younger, M Penner, A Veljkovic, Y Fardowsa, Wing K

 Clinical characteristics and predictors of reduced survival for adultdiagnosed cystic fibrosis. Analysis of the Canadian CF Registry

Annals of the American Thoracic Society 15 (10), 1177-1185, 2018.

· S Desai, H Wong, J Sykes, AL Stephenson, J Singer, BS Quon

2018 • Effects of targeted temperature management on mortality and neurological outcome: A systematic review and meta-analysis

European Heart Journal: Acute Cardiovascular Care 7 (5), 467-477, 2018

· D Stanger, V Mihajlovic, J Singer, S Desai, R El-Sayegh, GC Wong

Improving quality and safety in paediatric spinal surgery: the team approach

Bone and Joint Journal 100 (4), 493-498, 2018.

· F Miyanji, B Greer, S Desai, J Choi, J Mok, M Nitikman, A Morrison

Minimally invasive surgical options for adolescent idiopathic scoliosis Seminars in Spine Surgery 27 (1), 39-44, 2015

· F Miyanji, S Desai

2018

2018

2015

## WORKS IN PROGRESS OR RECENTLY SUBMITTED

Private religious or spiritual activities and life satisfaction: A population-based study

Under-review (#JORH-D-20-00030)

- · Lead author
- · Submitted 01/20

 Using the Surprise Question to identify patients for early Serious Illness Conversations: A pilot study

Under-review (#NE-20-0374)

- · Co-author, analyzed data, drafting of manuscript
- · submitted 07/20
- External validation of the LACE+ score to predict urgent readmission or death after hospital discharge

Under-review

- · Co-author, verification of SAS code, drafting of manuscript
- Clinical and Inflammatory Biomarkers Associated with Reduced Bone Mineral Density in Cystic Fibrosis Bone Disease

Manuscript in preparation

- · Co-author, conducted analysis, interpretation, drafting of manuscript
- Vitamin E and N-BP in CF

Manuscript in preparation

- · Co-author, conducted analysis, interpretation, drafting of manuscript
- The impact of an introductory psycho-educational group program on quality of life and readiness and motivation in a community-based eating disorders treatment centre.

Manuscript in preparation

- · Co-author, conducted analysis, interpretation, drafting of manuscript
- Lung function in adult-diagnosed CF

Manuscript in preparation

- · Lead author
- Predictors of Post-Operative Dysphagia in Cardiac Surgery

Manuscript in preparation

· Co-author, conducted analysis, interpretation, drafting of manuscript

### SELECTED CONFERENCE ABSTRACTS AND POSTERS

2020 • Early Serious Illness Conversation in medicine

Geriatric Services Conference

**♀** Vancouver, BC

- $\cdot$  Cancelled due to COVID-19 pandemic
- The Association between Bacterobilia and the Postoperative Course after Whipple Resection

American HPB Association

2020

Miami, USA

• Elevated Peripheral Blood Eosinophil Count is Predictive of Lung Function Decline in Adults with Cystic Fibrosis

North American Cystic Fibrosis Conference

**♀** Virtual

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2019	Ĭ	The impact of cystic fibrosis related diabetes on health-related quality of life
		North American Cystic Fibrosis Conference
2019		Predictors of lung function decline in adult- diagnosed cystic fibrosis  European Cystic Fibrosis Conference
		· Poster presenter
2019	•	Serum biomarkers of CF-related bone disease
		North American Cystic Fibrosis Conference •• Nashville, USA
2019	•	A renal walking program to improve patient care  Quality Forum
2018	•	A survey to better understand the barriers and facilitators to research participation for individuals with CF
		North American Cystic Fibrosis Conference
2018		Factors associated with dysphagia in post-operative cardiac surgery Canadian Cardiovascular Congress   ▼ Toronto, CA
2018	•	Are adult Acute Lymphoblastic Leukemia patients treated with vincristine chemotherapy experiencing decreases in ankle dorsiflexion range of motion and lower extremity function
		Physiotherapy Congress • Montreal, CA
2018		Predictors of Lung Function Decline in Adult-Diagnosed Cystic Fibrosis  Engage Heart Lung Health FEST Conference   ▼ Vancouver, BC
2018		Predictors of Post-Operative Dysphagia in Cardiac Surgery
		Canadian Cardiovascular Congress • Vancouver, BC
2017		Clinical Characteristics and Predictors of Survival Among Adults Newly Diagnosed with Cystic Fibrosis
		Engage Heart Lung Health FEST Conference  Vancouver, BC
		· Poster presenter
2017	•	Relationship between early and overall changes in CFRSD-CRISS and FEV1 during the treatment of CF pulmonary exacerbations  North American Cystic Fibrosis Conference
2017		Clinical Characteristics and Predictors of Reduced Survival for Adult-
2017		Diagnosed Cystic Fibrosis Patients  North American Cystic Fibrosis Conference
		· Poster presenter
2016	•	Genotypes of adult-diagnosed Cystic Fibrosis patients and eligibility for currently available mutation-specific CFTR modulators
		North American Cystic Fibrosis Conference

### P SELECTED INVITED TALKS Clinical relevance of commercially-available CFTR modulators for the 2019 adult-diagnosed CF population **♀** Vancouver, BC BC CF Research Day, Children's Hospital · Invited presentation for first annual BC CF Research Day Predictors of Lung function decline in adult-diagnosed cystic fibrosis 2018 Vancouver, BC Lung Function Rounds, St. Paul's Hospital · Invited presentation during HLI lung function rounds Clinical Characteristics and Survival for Adult Diagnosed Cystic Fibrosis 2017 **Patients ♥** Vancouver, BC Lung Function Rounds, St. Paul's Hospital · Invited presentation during HLI lung function rounds Clinical Characteristics and Survival for Adult Diagnosed Cystic Fibrosis 2017 **Patients ♀** Indianopolis, USA North American Cystic Fibrosis Conference · Invited presentation during epidemiology session **Q** GRANTS AND AWARDS President's Academic Excellence Initiative PhD Award 2020 University of British Columbia **Health System Impact Fellowship** 2019 Canadian Institutes of Health Research Strategic Training Program 2018 Award •\$50Kx1year · Project: Geographical variation and temporal trends in mortality, morbidity, and health care service use for cystic fibrosis patients in British Columbia **Doctoral Studentship** 2019 CF Canada 2017

· Project: Epidemiological, clinical, and economic trends in cystic fibrosis

patients in British Columbia from 2000 to 2017

**Graduate Student Travel Award** 

University of British Columbia

• \$15K x 2 years

2017

Grant 2016

Rare disease foundation

- · \$5K
- · Project: Cystic Fibrosis in BC: Transitioning from Pediatric to Adult Care

Scholarship 2016

Kamrul Suleman Bhamji Foundation

. \$500

Grant 2015

Rare disease foundation

- · \$5K
- · Project: Clinical Characteristics and Predictors of Survival Among Adults Newly Diagnosed with Cystic Fibrosis

2015 Award

Faculty of Medicine Graduate Award

- · \$1,500
- · GPA-based merit

Dean's Honour Roll 2013

Simon Fraser University

# THESES

2017 Diagnosed Cystic Fibrosis Patients: A population based study<sup>1</sup>

**♥** Vancouver, BC

Clinical Characteristics and Predictors of Reduced Survival for Adult-

University of British Columbia

· M.Sc. Dissertation

# HEALTH WRITINGS

The Potential Impact of Canada's Proposed National Pharmacare 2020 Program on Rare Diseases<sup>2</sup>

sameerdesail.wordpress.com

- · Policy essay
- Descriptive studies: what are they and are they useful?<sup>3</sup> 2020 sameerdesail.wordpress.com

2020 • The least talked about study design: the ecological study<sup>4</sup> sameerdesail.wordpress.com

# ■ SELECTED PRESS

Nordic Walking Benefits Kidney Patients at St. Paul's, study finds<sup>5</sup>
The Daily Scan

Diabetes and Insulin Treatment Adds to CF Burden and Ways Are Needed to Ease It, Study Says<sup>6</sup>

Cystic Fibrosis News Today

2018 Later diagnosis predicts poorer outcomes in adult-diagnosed cystic fibrosis?

**CHEST Physician** 



2019 • **Mentor** 

University of British Columbia

**♀** Vancouver, BC

• Graduate mentor for incoming graduate students at the School of Population and Public Health

2018 • **Mentor** 

Nancy Sun, B.Sc.

· Project: Predictors lung function decline in adult-diagnosed CF

### Manuscript reviewer

On-going

 Regularly assist supervisor peer-review for many specialized journals including American Journal of Respiratory and Critical Care Medicine, Journal of Cystic Fibrosis, Annals of American Thoracic Society, and Scientific Reports



- 1: https://open.library.ubc.ca/collections/ubctheses/24/items/1.0349192
- 2: https://sameerdesail.wordpress.com/2020/01/23/the-potential-impact-of-canadas-proposed-national-pharmacare-program-on-rare-diseases/
- 3: https://sameerdesail.wordpress.com/2020/01/23/descriptive-studies-what-are-they/
- 4: https://sameerdesail.wordpress.com/2020/04/01/ecological-study/
- 5: http://thedailyscan.providencehealthcare.org/2019/05/nordic-walking-benefits-kidney-patients-at-st-pauls-study-finds/
- 6. https://cysticfibrosisnewstoday.com/2019/04/29/diabetes-and-insulin-treatment-adds-to-cf-burden-and-ways-are-needed-to-ease-it-study-says/
- 7: https://www.mdedge.com/chestphysician/article/170307/pulmonology/later-diagnosis-predicts-poorer-outcomes-adult-diagnosed